Management training program for
Middle-Level Managers

Department of Management
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The National Institute of Health Sciences (NIHS) is the premier Public Health training Institute of the Ministry of Health (MoH). The origin of the Institute dates back to 1st July, 1926, when the first Health Unit in South East Asia was established in Kalutara. Since its inception as the Koholana Health Unit, it has been further developed as the Institute of Hygiene (1966) and the National Institute of Health Sciences (1979). Taking into consideration the trainings conducted, we have been accredited as a WHO Collaborating Training Centre for the Public Health Workforce Development in Sri Lanka since 2012.

Being at the forefront of Public Health workforce development, NIHS has contributed immensely in bringing the MMR to its current 34.5 per 100 000 live births and the IMR to 10 per 1000 live births in Sri Lanka. Situated within one hour distance from the capital city of Sri Lanka, NIHS is located in a 20 acre plot of land, with all amenities necessary for teaching and learning. It houses within its premises an Auditorium with a seating capacity of 250, seminar rooms adhering to international standards, a hostel facility, cafeteria, a fully accredited Library with HINARI and HELLIS networks and a fully operational computer laboratory. Pioneering Public Health in Sri Lanka, and the SEA region, NIHS has embraced the new millennium with a clear vision to be the Centre of Excellence in Public Health Training of the SEAR.
Director's Message

The Management training program for Middle-Level Managers is a two week residential program conducted by the Department of Management at NIHS. It is a high demand course specially targeted for middle-level managers working in the health sector to empower them with management competencies.

Using a combination of face to face teaching, practical sessions as well as field visits the management training program provides a comprehensive knowledge about management and helps the participants to develop essential skills needed to function as an efficient manager. I encourage you to participate in this course and develop your managerial skills and competencies to deliver a better service to the community.

Dr. L.T. Gamlath
Director
National Institute of Health Sciences Kalutara
Sri Lanka.
MANAGEMENT TRAINING PROGRAM FOR MIDDLE-LEVEL MANAGERS

Introduction
The training course on management for middle-level managers working in the central/provincial level is an important and highly demand course conducted by the NIHS. This course was conducted by NIHS from 1981 with the WHO support.

Target audience
District Medical Officers (DMO), Medical Officers of Maternal and Child Health (MO-MCH), Regional Epidemiologists (RE), Medical Officers of Health (MOH), Medical Officers in-charge of Peripheral Units / Rural Hospitals / Central Dispensaries, Regional Dental Surgeons, Divisional Pharmacists, Hospital Matrons, Regional Supervising Public Health Nursing Officers, SPHI-D, Supervising Public Health Laboratory Technicians.

Training program days and location
The training program is scheduled from 3rd to 14th November 2014, at seminar hall - 2 at NIHS.

Learning objectives
At the end of the program the participants will be able
• To improve their knowledge about managerial functions
• To improve their knowledge about concepts of planning
• To improve their knowledge about financial management
• To develop competencies in managerial and planing skills
• To develop competencies in leadership and communication skills
• To develop their skills as a trainer
• To improve their knowledge about concepts of quality in healthcare and inculcate positive attitudes

KEY FEATURES OF THE PROGRAM
- 10 DAY RESIDENTIAL PROGRAM
- CONDUCTED AS CLASSROOM SESSIONS / GROUP WORK / GROUP DISCUSSIONS AND OBSERVATION OF FIELD PROJECTS
- A BLEND OF ONLINE AND LIVE TEACHING
- 24*7 RESOURCE FACILITY MAINTAINED VIA THE NIHS HUB
Program contents
The training program consist of following key areas

- Introduction to Management
- Introduction to Planning
- Situational analysis
- Problem analysis
- Team building
- Organising
- Staffing
- Controlling
- Leadership
- Quality assurance in Healthcare
- Vision, Mission and Goals of an Organisation
- Introduction to Community Health Management
- Role of attitudes in Healthcare
- Emotional Intelligence and Management
- Supportive supervision
- Social Skills and Public Relations
- Communication skills
- Introduction to participatory methods
- Financial Management
- Public Speaking
- Administrative procedures
- Conflict resolution
- Change management

Medium
The program will be conducted in English medium.

Applications
The application forms are available from NIHS website www.nihs.gov.lk. Those who are interested can forward completed application forms through their institutional heads to the following address.

Management Training Program for Middle-Level Managers
National Institute of Health Sciences
P.O Box 28
Nagoda
Kalutara

The applications form must reach NIHS on or before October 1st 2014. Please note this course is limited to 30 participants. Selection of candidates for this program is solely at discretion of a selection panel appointed by NIHS.

International applicants
Please contact us directly through the email addresses given below for further information.

dr.wijesinghe@icloud.com
ltgamlath@gmail.com

Course fees
The course fee is waived off for those who are currently working under the Ministry of Health Sri Lanka.

Accommodation and food
The participants will be provided residential facilities at NIHS free of charge. Those who do not require this facility please indicate in the application form. Refreshments and lunch will be provided at the venue at NIHS without a fee.

Certificate
A certificate will be issued by NIHS for those who have successfully completed the course and have the required attendance of more than 80%.
Resource profile

Dr. Supun Wijesinghe
Consultant Community Physician
Head / Department of Management
Course coordinator

Dr. Lakmini Magodaratne
Consultant Community Physician
Deputy Director / Field Services

Dr. Lakshman Gamlath
Director
National Institute of Health Sciences

Dr. Indrani Malwenna
Consultant Community Physician
Head / Department of Public Health Training

Dr. Ruwan Ferdinando
Consultant Community Physician
Deputy Director / Training

Dr. Sumal Nandasena
Consultant Community Physician
Head / Department of Collaborative Research

Dr. Padmal de Silva
Consultant Community Physician
Head / Department of Research and Evaluation

Dr. Saman Gamage
Postgraduate Registrar
Department of Management
Dr. Nandalal Wijesekara
Postgraduate Senior Registrar
Department of Management

Dr. Samantha Ramachandra
Postgraduate Registrar
Department of Research and Evaluation

Dr. Tharanga Navodani
Postgraduate Registrar
Department of Public Health Training

Dr. Asanthi Fernando
Postgraduate Senior Registrar
Department of Public Health Training

Dr. Gayani Imbulana
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CONTACT US

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